

Green Plants for Clean Air

Besides being decorative, many of our common indoor house plants may actually provide a valuable weapon in our fight against rising levels of indoor pollution. Studies conducted by N.A.S.A. have found several plants particularly useful in removing potentially harmful gases from the home environment.

Top 10 Plants Most Effective in Removing Formaldehyde, Benzene & Carbon Monoxide

- *Bamboo Palm (*Chamaedorea seifritzii*)
- *Chinese Evergreen (*Aglaonema modestum*)
- *English Ivy (*Hedera helix*)
- *Gerbera Daisy (*Gerbera jamesonii*)
- *Janet Craig (*Dracaena "Janet Craig"*)
- *Dragon Tree (*Dracaena marginata*)
- *Corn Plant (*Dracaena massangeana*)
- *Mother-in-Law's Tongue (*Sanseveria laurentii*)
- *Florist Mum (*Chrysanthemum morifolium*)
- Peace Lily (*Spathiphyllum*)

Information from: The Foliage for Clean Air Council